

Pasadena Conservatory Folk Dance Workshop Notes

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General Information

<<http://www.eliznik.org.uk/Bulgaria/dance/index.htm> >
<http://en.wikipedia.org/wiki/List_of_ethnic,_regional,_and_folk_dances_by_origin>
<http://www.sonic.net/~stevayla/pdf_files/PB_Carols_notes.pdf>
<http://www.folkdancenotes.com/folknote.htm>
<http://www.folkdancenotes.com/danccoun.htm>

Music/Recordings

http://shenanigansmusic.com.au/shenanigans_cds.htm
http://www.dunav.org.il/balkan_music_index.html>
<http://www.sonic.net/~stevayla/pdf_files/PB_Alphabetical_Index.pdf>
<<http://archive.org/details/InternationalFolkDances>>

DANCES

1. Setnja – Serbia

History and Steps

<http://www.sacredcircles.com/THEDANCE/HTML/DANCEPAG/SETNJA.HTM>
<<http://www.phantomranch.net/folkdanc/dances/setnja.htm>>

Words to the Song

<<http://www.sacredcircles.com/THEDANCE/HTML/DANCEPAG/SETNJA.HTM>>

Videos

Experienced dancers, some in costume:

<http://www.youtube.com/watch?v=D_INaf1uSHg>

Not in costume:

<http://www.youtube.com/watch?v=nxC1e1Q8_Cg>

2. Pravo Horo - Bulgaria (Thrace)

History and Steps

<http://dingo.sbs.arizona.edu/~carnie/folkdance/PDFs/slowpravo1.pdf>
<http://dingo.sbs.arizona.edu/~carnie/folkdance/PDFs/PravoFast.pdf>
<<http://en.wikipedia.org/wiki/Pravo>>
<<http://www.phantomranch.net/folkdanc/dances/pravohor.htm>>

Videos

Costumed dancers in Turkey, pravo horo:

<http://www.dailymotion.com/video/xfgelg_bulgarian-dance-1-pravo-horo_lifestyle-.USq7GM1QpUM>

Costumed dancers, pravo horo:

<<http://www.youtube.com/watch?v=kxtSxxT6pl0>>

3. Jove Malo Mome – Bulgaria (Shope region)

History and steps

<http://en.wikipedia.org/wiki/Yove_male_mome>

<<http://www.folkdancenotes.com/dancenotes/jove.htm>>

Video

Jove Malaj Mome, Bulgarian folk dance Dunav Dance Ensemble from Israel:

<http://www.youtube.com/watch?v=thKw3n_3jvc>

Jove Malaj Mome, Village Folk Orkestra, Nevada City

<<http://www.youtube.com/watch?v=wjCDcU1pO44ia>>

4. Milanovo Kolo – Serbia

History and Steps

<<http://www.daytonfolkdance.com/mvfd/instructions/milanovokolo.html>>

<http://www.phantomranch.net/folkdanc/dances/milanovo.htm>

Videos

<<http://www.youtube.com/watch?v=uaRsYBfSLR8>>

5. Alunelul - Romania

History and steps

<http://www.ehow.com/about_7239761_history-folk-dance-alunelul.html>

<<http://www.folkdancenotes.com/dancenotes/alunelul.htm>>

<<http://www.folkdance.com/federation/dances/alunelul.pdf>>

<http://dingo.sbs.arizona.edu/~carnie/folkdance/PDFs/Alunelul.pdf>

Words to Song

<http://www.dunav.org.il/music_scores/050_romania_alunelul.html>

<<http://www.sacredcircles.com/THEDANCE/HTML/DANCEPAG/ALUNELUL.HTM>>

Videos

Boys in costume:

<<http://www.youtube.com/watch?v=ZLbrbYfOsTM>> (children)

American children (2nd-12th graders) dancing:

<<http://www.peuniverse.com/Videos/VideoDetail/tabid/221/IndexID/1049/Default.aspx>>

> (children)

small children dancing in a class:

<<http://www.youtube.com/watch?v=YmXQOCTp30o>> (small children)

small children doing simplified dance and singing in costume:

<http://www.youtube.com/watch?v=ALBh_U1ESrQ> (small children)

6. Itele - Romania

History and steps

<http://dingo.sbs.arizona.edu/~carnie/folkdance/PDFs/Itele.pdf>

<<http://www.phantomranch.net/folkdanc/dances/itele.htm>>

Video

Adults dancing in New York:

<http://www.youtube.com/watch?v=yp6pb_klRyw>

Young girls in costume:

<<http://www.youtube.com/watch?v=Tr5KdAvQU00>> (children)

7. Orijent - Serbia

History and Steps

<<http://www.folkdance.com/federation/dances/orijent.pdf>>

<http://www.folkdancenotes.com/dancenotes/orijent.htm>

Video

Adults dancing:

<<http://www.youtube.com/watch?v=kn148XeIxm0>>

8. Drmes - Croatia - Sestinski Drmes, Krici Krici Ticek

History and Steps

1. Ethnic Dance Chicago: Words to "Krici Krici Ticek"

<http://www.folkdance.com/federation/dances/krici_krici_ticek.pdf>

<http://www.phantomranch.net/folkdanc/dances/kricikr1.htm>

<<http://www.phantomranch.net/folkdanc/dances/drmesmed.htm>>

Videos

Adults dancing in Denver:

<<http://www.youtube.com/watch?v=VFGbnucxmpM>>

Dunav Dance Ensemble from Israel:

<<http://www.youtube.com/watch?v=0SEZT9Vuln4>>

Words to Song (Krici Krici Ticek)

<http://www.ethnicdance.net/music_gallery/left-e_lyrics_krici_krici_ticek.html>

Teaching Folk Dancing to Children

<http://www.earlychildhoodnews.com/earlychildhood/article_view.aspx?ArticleID=301>
<<http://www.uen.org/Lessonplan/preview.cgi?LPid=16243>>
<http://www.phantomranch.net/folkdanc/articles/beginners_behavior_basics_tucker.htm>

More videos of interest

<http://www.youtube.com/watch?v=P0M_2VtYElQ&feature=endscreen>

Kopacka - Macedonian dance

<<http://www.youtube.com/watch?v=WvroIfN2jWQ>>

Calusarii - virtuoso Romanian dance

<<http://www.youtube.com/watch?v=OMgEl8mrzYQ>>

<<http://www.youtube.com/watch?v=Z39zD3Rylrs>>

A little modern fiddling

<<http://www.youtube.com/watch?v=KzNypsg1-nU>>

Places to Folk Dance

<<http://www.pasadenafolkdancecoop.org/>>

<<http://folkdance.com/>>